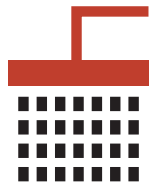


# STAYING AT HOME: Ways to manage your energy bills

If you are spending more time at home, the amount of energy you use could go up and cost you more.

**Keep using your power – but make these changes to keep bills low and stay comfortable and healthy**



Have shorter showers.

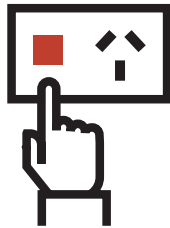


Use less hot water.



Wash clothes on a cold water setting.

Switch off appliances at the wall.



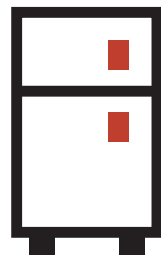
Switch off lights when you leave a room.



Use lids on pots to speed up cooking.



Don't let the heat escape – close doors, windows and curtains, and block any gaps.



Use one fridge or freezer if you can. Turn off any others to stop throwing your money away!

## Call your energy provider to ask about your bill



**Step 1: Find the phone number on your energy bill**

**Step 2: Tell them**

- You are spending more time at home, and have been thinking about your energy bills.

**Step 3: Important questions you should ask**

- Will you make sure I'm on the best plan for my current situation?
- Am I getting the right rebates on my bill? Possible rebates you could be getting include:
  - Low Income Household Rebate
  - Family Energy Rebate
  - Medical Energy Rebate
- Will you waive any late fees?
- Should I be on a payment plan?
- Can you confirm that I will not be disconnected from my energy supply during this time?